



CUMULATIVE ACTION FOR RURAL DEVELOPMENT TRUST

[CARD TRUST]
REGD.NO: 30/2004
[POWER OF SUB URBAN]

ANNUAL REPORT 2021-2022

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ANNUAL REPORT

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Managing Trustee Message

It is gift to us to do social need based services to our people, Those are in still unreached situation. Because of economic and social discrimination. We are always reaching women and children, differently abled people in all their needy time and suffering period in their routine life. Usually wise people quote that, while we see proud and smiling face of poor and needy is real joy of people who all are doing good to others. This year as well as we planned to equip rural women, to support children in need, differently abled persons to ensure their joy through making them sustainable in their economic status. Most of our service given and reached needy people in our region, irrespective of caste and creed. Our Trust is irrevocable to every citizen to study out our services for the future guidance and support.

Vision of our organization - Empowering women, children and persons with disabilities to reach their full potential, leading to a more inclusive, equitable and compassionate Society.

Mission - To provide comprehensive support and services to Women, Children, and persons with disabilities promoting their rights, dignity and well being, and fostering a culture of inclusivity, empathy and social justice

PROJECTS

Health Awareness on cancer and chronic diseases

Cancer is major challenging in all age group, definitely we are very keen to know How the stages are classified, in Women, aged person and in children.

We collected 76 women from various SHG in near by villages, These women not even examined themselves for their Health fitness in General Health checkups. We concentrate on Breast cancer, prostate cancer Basal cell cancer, only Examination and Assessment took place to identify and Refer to cancer institute.



Legal Awareness

In legal Awareness – laws, rights, Justice system and service provided by free legal Board, PPT prepared to make participants easy to Access knowledge on laws, Child rights. Women rights and atrocity Acts were defined to make participants Awareness on Advocacy and Lobbying in their community law students, volunteer from village development, SHG leaders and General Public were motivated to access knowledge an legal Awareness.

We formed a group of 10 persons who all interested to do Advocacy to Rural people an legal services, family issues, Civil problem and law and order cases, How to face the situation through legal support and to make people to be free from unnecessary pressure on Court and Police Station.

Consumer Awareness Programme

People from all stages, Economic, education and other classes not Aware on consumer Awareness, it is knowledge of a consumer rights and responsibilities and how to use them it also includes being able to identify and protect one self from unfair business practices.

Consumer Rights

The right to be informed about products and services and to be protected from unfair trade practices.

Consumer Education

Learning How to apply consumer rights and responsibilities and how to make informed choices.

Consumer Protection

Understanding How to protect oneself from high-pressure sales tactics, misleading marketing, and excessive prices



Old Age Home – Service and Awareness and Human Values

Main aim to protect human lives with dignity. We all are safe on our young age, the work done by us, while we need some body in our needs it is challenging. Especially in Aged – all human has different type of negligence from their own blood.

- ✧ To provide safe and improved life style to needy asked people.
- ✧ We visited more than 6 aged home, which all need different – quality needs.
- ✧ We provided, cloth, food provisions (uncooked).
- ✧ Met some of the old people's children to provide awareness as aged, human rights, values and needs.
- ✧ We believe that it is good for the person who all are reaching 40 and above better to have one life insurance policy which will give life support in Economic standards as pension, may help them to avoid some negligence.
- ✧ In our future plan we are having dream to start well furnished, quality based home for the aged.



Education Support to widows Children

Our organization Always gives priority to the needy children to get support to educate themselves to fight against child labour, child marriage, illiteracy and unemployment.

Here we collected 138 children from sixth standard to 12th standard, those who are not above to get continue support to go to higher studies, all the children whom we enumerated from family background are really studying well, But finding obstacles in continuing their studies.



We provided – fees for their education tuition and other coaching classes. Some are interested in sports also, We provided, Bag, 12 long size unrolled notes, Geometry box, Colour pencil, Sketch Box, Water colouring Kit, pet Bottle, Tiffen box, Pen, Pencils and one feet Scale, Along with umbrella, Rain coat and first aid kit. These children every month give their school Attendance report, term exam results, Headmaster conduct letters. Which makes themselves enroll in daily schooling to score more marks.

Skill Training to SHG Members

Skill training is the Process of developing specific skill and Techniques to perform well in a particular occupation. Skill Training for SHG's can help empower Women and improve the Sustainability of SHGs. We planned to continue their participation for one year, on below maintained topics.

Leaderships Training to Help SHG leaders co-ordinate with group members, mobilize savings and evaluate the project.

Financial Management Training to help SHG members improve their social Awareness.

Marketing Training to help SHG's members develop marketing skills. Along with special care on personal skill development for Reducing their attitude to get loan from various Microfinance than to meet out all needs by their extra income.



Special Care for Differently Abled Persons

Differently abled persons require special aids and appliances for their daily functioning. These aids are Available through various schemes of the ministry of social Justice and Empowerment.

- ✧ We approach Differently Abled Persons:
- ✧ Engage in Possive consternations.
- ✧ Differing Help with Medical support.
- ✧ Ensuring they receive day-to-day needs.
- ✧ Adjust our posture to be at Eye-level.
- ✧ We are Mindful of using offen. terms while conserving.
- ✧ We don't presume that they see their disability as a Tragedy.



December '3' is observed as international day of differently abled persons that is being promoted by united nations since 1992.

Many individuals with disability have acted through tough emotions and negative feelings to be happy and center with their lives as it is.

Backward Women Awareness with Skill Training

Skill Training for Women can help them become more employ able and financially independent. Some organizations and programs that offer skill training for Women, to become entrepreneur in future.

We Believed in Providing:

1. Technical capacity development.
2. Entrepreneurship development.
3. Business Skills development.
4. Foreign language courses.
5. Coding Courses.
6. Marketing Courses.
7. Personal finance courses.

And we added that

- 1.Communication.
- 2.Problem Solving.
- 3.Team work.
- 4.Leadership.
- 5.Entrepreneurship.



Naturopathy and Yoga Training to Rural Women

It emphasizes the relationship of body, mind and breath. The synchronization of breath and movement, the use of preparation of entire body functioning

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Naturopathy

Women learned about natural healing methods, including herbal medicines, nutrition and physical therapy.

Yoga

Women learned about the philosophy of Yoga asanas, pramayamma, meditation and yogic lifestyle.

Anatomy and Physiology

Women learned about the body system and the functioning.

Medical Ethics

Women learned about the ethical consideration of practices yoga and naturopathy.

Twelve programs conducted through at year, every month, we invited women, students and general public to learn about Naturopathy and yoga to maintain their mind, body and health in positive live.





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